

Child's Name \_\_\_\_\_

Grade \_\_\_\_\_

I am interested in joining the following groups:

1st Choice \_\_\_\_\_

2nd Choice \_\_\_\_\_

If you have an idea for a group not already offered please share:

A parent must sign this permission form before a student can participate in a group. If you have any questions, please contact your child's counselor.

Parent/Guardian Signature

X \_\_\_\_\_

Counselor's Name \_\_\_\_\_

PLEASE RETURN TO  
ROSLYN MIDDLE SCHOOL  
COUNSELING CENTER

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Ms. Rebecca Gottesman

Director of Guidance

Ms. Bellsey – School Counselor

Ms. Decker – School Counselor

Ms. Messina– School Counselor

Mr. Levenson– Social Worker



**Roslyn  
Middle School  
Presents:**



**Kids Talk**

Coordinated by the  
Counseling Center

Dear Parents/Guardians,

The Middle School Counseling Department is forming discussion groups on topics important to middle school age students. Each group will center on one concern and will provide members with a chance to express their feelings and learn how others feel. The groups will provide the students with an opportunity to relate feelings, thoughts, information, and experiences.

Each group will meet once a week during the school day for six to eight weeks. Groups are scheduled during lunch. The groups are open to any interested student and are facilitated by the middle school counselors or social worker. Each group will have six to ten students and will be mixed gender (unless otherwise specified). Group sharing will remain confidential.

A description of each group follows. If you need any other information, please contact your child's counselor. If your child is interested in participating in a group, please return the attached signed permission slip to the guidance office.

Groups will be formed throughout the year. Students will be contacted when a group begins.

Please encourage your child to participate. The Counseling Department would like to see all of our students involved.

We look forward to seeing you!!!

## GROUP SELECTIONS

### STRATEGIES FOR SUCCESS: STUDY SKILLS AND ORGANIZATION

Do you have trouble finding papers and keeping track of due dates? Do tests stress you out? Join us as we practice skills that will help you study effectively and stay organized.

### JUST FOR GIRLS OR JUST FOR BOYS

Dealing with the pressure of friends, parents and school can be overwhelming. Do you have a hard time communicating with your parents or friends? Join us as we discuss everything that is important to you. (This group is single gender.)

### DIVORCE

Has divorce changed your family structure? Would you like a chance to discuss how your family situation makes you feel? This group will focus on coping with changing family dynamics.

### BOOK CLUB

Do you love to read? Would you enjoy reading and discussing how books/stories relate to your world? This group will look at how characters in books relate to one another, solve problems and navigate through uneasy times. Students will have the opportunity to help choose readings.

## SCRAPBOOKING

Do you love being creative? Students will form themed scrapbooking pages that reflect social and emotional issues pertinent to middle school students. This group will encourage the exploration of feelings through art.

### CURRENT CONNECTIONS

Are you interested in current events? How does the media affect your life? Students will discuss contemporary issues and how they impact their daily lives.

# Kids Talk

