



SOCIAL-EMOTIONAL LEARNING

Harbor Hill
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WHAT IS SOCIAL-EMOTIONAL LEARNING?

Social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.



WHY IS IT IMPORTANT?



Self-Awareness



Positive Connections/Relationships

+

=

or



Social Awareness



Disconnection/
Negative or Non-existent Relationships

REACTIVE (REMEDIATION)

Looking at Student Behavior

Why do students make poor choices?

What do we do when a student makes a poor choice?

How do we help students make their first reaction a better reaction?



PROACTIVE (PREVENTATIVE)



- No Place for Hate
- Operation Respect
- Second Step Curriculum
- Mindfulness

- Books of the Month
- Bucket Fillers
- Unity Day
- Ability Awareness
- Growth Mindset
- Peaceful Bus