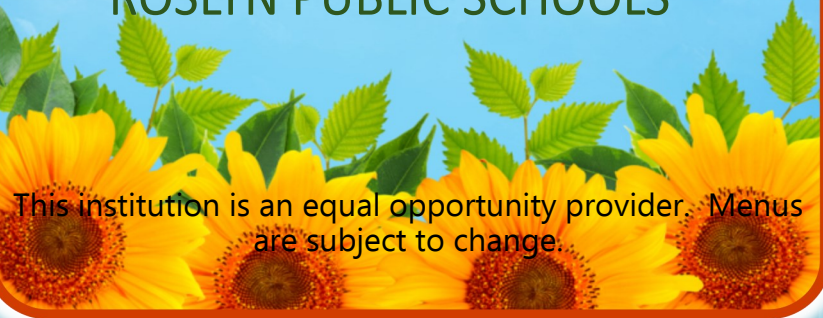


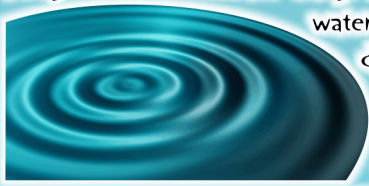
SEPTEMBER 2021 MENU ROSLYN PUBLIC SCHOOLS



This institution is an equal opportunity provider. Menus are subject to change.

RIPPLE EFFECT.

Water aids digestion, keeps your skin and other organs healthy, and helps regulate your body temperature. So what's the best way to give your body the water it needs? Easy. Drink fresh, pure water throughout the day, and try to make a habit of choosing water instead of soda.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Wednesday, Sept 1

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/
Jelly/
Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
High School
Chicken Tenders
Elementary
Chicken Tenders

Thursday, Sept 2

Lunch

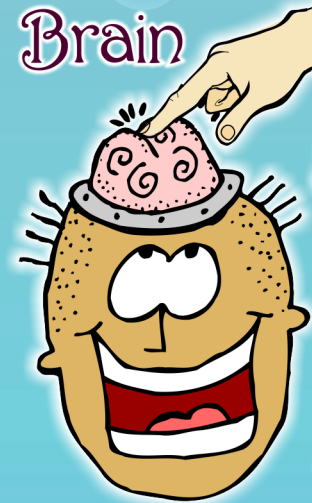
Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly
Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
High School
Choice of Hamburger/
Cheeseburger
Elementary
Choice of Hamburger/
Cheeseburger

Friday, September 3

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly
Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
High School
Pizza
Elementary
Pizza

Brain Ticklers



Before
Mt. Everest was
discovered, what
was the tallest
mountain on
earth?

(Hold the page upside
down and read it in a
mirror for the answer!)

What is the tallest
mountain on earth?
Mt. Everest



**NO SCHOOL
MONDAY,
SEPTEMBER 6**

Tuesday, Sept 7

**SCHOOL
CLOSED**

Wednesday, Sept 8

**SCHOOL
CLOSED**

Thurs, September 9

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly
Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
High School
Choice of Hamburger/
Cheeseburger
Elementary
Choice of Hamburger/
Cheeseburger

Friday, September 10

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly
Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
High School
Pizza
Elementary
Pizza

**This year's price: \$0
You good with that?**

All of our complete meals are always

**NO CHARGE
for all students
Through June 2022**



Monday, Sept 13

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Brunch for Lunch

Elementary

Brunch for Lunch

Tuesday, Sept 14

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Chicken Patty on a Bun

Elementary

Chicken Patty on a Bun

Wednesday Sept 15

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Plain Pasta or Pasta with
Meatballs

Elementary

Plain Pasta or Pasta with
Meatballs

Thursday, Sept 16

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Choice of Hamburger/
Cheeseburger

Elementary

Choice of Hamburger/
Cheeseburger

Friday, September 17

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Pizza

Elementary

Pizza

OUR 50 STATES



TENNESSEE

"The Volunteer State"

Admitted to the Union June 1, 1796 as the 16th State
State Capital: Nashville

Monday, Sept 20

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Brunch for Lunch

Elementary

Brunch for Lunch

Tuesday, Sept 21

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Chicken Tenders

Elementary

Chicken Tenders

Wednesday, Sept 22

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Plain Pasta or Pasta with
Meatballs

Elementary

Plain Pasta or Pasta with
Meatballs

Thursday, Sept 23

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Choice of Hamburger/
Cheeseburger

Elementary

Choice of Hamburger/
Cheeseburger

Friday, September 24

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Pizza

Elementary

Pizza

OUR CAFETERIA FOLKS ARE AWESOME! THANK YOU!!!

**We never stopped
cooking for you.**

School Meals
We serve education every day™

Roslyn Public Schools

Monday, Sept 27

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Brunch for Lunch

Elementary

Brunch for Lunch

Tuesday, Sept 28

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Chicken Patty on a Bun

Elementary

Chicken Patty on a Bun

Wednesday Sept 29

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Plain Pasta or Pasta with
Meatballs

Elementary

Plain Pasta or Pasta with
Meatballs

Thursday, Sept 30

Lunch

Choice of Sandwiches
Turkey, Turkey & Cheese /
Ham/Tuna/Egg Salad/Jelly

Yogurt/Yogurt Parfait Jr.
Salad w/ Tuna /Egg Salad/
or Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk

High School

Choice of Hamburger/
Cheeseburger

Elementary

Choice of Hamburger/
Cheeseburger

"ARRR!"



**September 19 is
"International Talk
Like a Pirate" Day**

But EVERY DAY is
"Drink Your Milk" day!
And we've got you
covered with these
great milk selections
to choose from with all
complete meals:

**Lowfat Chocolate
Nonfat White
Lowfat White**