

Roslyn Public School
menus for
APRIL 2025

This institution is an equal opportunity provider. Menus are

STATE OF MIND.

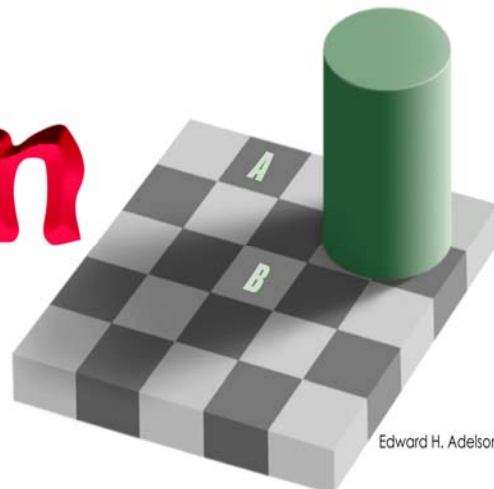
Physical activity isn't just good for your body. Regular exercise has been shown to help guard the mind against depression, too.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Only an Illusion

Do you think the two squares labeled A and B are different shades of gray? Guess what? **They're the same color!** If you're interested, you can see proof and learn more by searching on line for "Checkersadow Illusion - MIT".



Edward H. Adelson

Tuesday, April 1

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel -Plain /Butter/CC

*Hamburger/Cheese
Burger /Fries
Fruit/Milk

Wednesday, April 2

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/Jelly Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Bagel Plain/Butter/CC

Plain Pasta or Pasta with
Meatballs
Vegetable/ Fruit/Milk

Thursday, April 3

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel Plain /Butter/CC

Chicken Patty
Vegetable /Fruit/Milk
Fruit /Milk

Friday, April 4

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/Jelly Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Bagel-Plain/Butter/CC

*High School Tangerine
Chicken w/ Rice

Elementary & MS Pizza
Vegetable/ Fruit/ Milk

Monday, April 7

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel Plain /Butter/CC

*Grilled Cheese
Tomato Soup
Fruit /Milk

Tuesday, April 8

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel -Plain /Butter/CC

*Hamburger/Cheese
Burger /Fries
Fruit/Milk

Wednesday, April 9

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/Jelly Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Bagel Plain/Butter/CC

Plain Pasta or Pasta with
Meatballs
Vegetable/ Fruit/Milk

Thursday, April 10

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel Plain /Butter/CC

Chicken Tenders
Vegetable /Fruit/Milk
Fruit /Milk

Friday, April 11

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/Jelly Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Bagel-Plain/Butter /CC

*High School Tangerine
Chicken w/ Rice

Elementary & MS Pizza
Vegetable/ Fruit/ Milk

*Second Daily Hot Meal Option

M-W-F: Popcorn Chicken

TUE-THUR: Mac & Cheese

Contact Dawn Piteo School Lunch Manager with any questions/
concerns at dpiteo@roslynschools.org

or 516. 801.5059 or
Steve Klein Asst. School Lunch Manager at

sklein@roslynschools.org or

516.801.5297

Monday, April 14

School Closed

Tuesday, April 15

School Closed

Wednesday, April 16

School Closed

Thursday, April 17

School Closed

Friday, April 18

School Closed

Monday, April 21

School Closed

Tuesday, April 22

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel –Plain /Butter/CC

*Hamburger/Cheese
Burger /Fries
Fruit/Milk

Wednesday, April 23

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/Jelly Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Bagel Plain/Butter/CC

Plain Pasta or Pasta with
Meatballs Vegetable/
Fruit/Milk

Thursday, April 24

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel Plain /Butter/CC

Chicken Patty
Vegetable
Fruit/Milk

Friday, April 25

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/Jelly Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Bagel-Plain/Butter /CC

*High School Tangerine
Chicken w/ Rice

Elementary & MS Pizza
Vegetable/ Fruit/ Milk

Monday, April 28

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel Plain /Butter/CC

*Grilled Cheese
Tomato Soup
Fruit /Milk

Tuesday, April 29

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/ Jelly/ Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Vegetable/ Fruit/Milk
Bagel –Plain /Butter/CC

*Hamburger/Cheese
Burger /Fries
Fruit/Milk

Wednesday, April 30

Lunch

Choice of Sandwiches
Turkey, Turkey
& Cheese / Ham/Tuna/
Egg Salad/Jelly Yogurt/
Yogurt Parfait Jr. Salad
w/ Tuna /Egg Salad/ or
Turkey/ Cheese or Plain
Bagel Plain/Butter/CC

Plain Pasta or Pasta with
Meatballs Vegetable/
Fruit/Milk



WHAT I have a head but cannot think.
I have eyes but cannot see.
AM I? I have ears but cannot hear.
I have ribs but no bones.



Answer: I'm a VEGETABLE GARDEN, planted with lettuce (heads), potatoes (eyes), corn (ears), and celery (ribs). YUMMY!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

*Second Daily Hot Meal Option

M-W-F: Popcorn Chicken

TUE-THUR: Mac & Cheese

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