

## Varsity Athlete Vacation Regulation

The district will annually designate mandatory practice dates during each school vacation period (“designated practice days”). “School vacation period” is the time when school is not in session, i.e. December, February and spring break periods. The district will endeavor to schedule early practice on the day immediately prior to the start of a school vacation period and late practice on the first designated practice day during the school vacation period (also referred to in Board Policy No. 5285 as “family vacation period”.)

In the event that a student athlete fails to attend practice on a designated practice day, it will be considered an unauthorized absence.

- Student athletes that do not attend a practice or contest on the designated practice days due to unauthorized absences ***will not*** be removed from a team; however, the following ***minimum\**** consequences ***will apply***:
  1. If a student athlete does not attend a practice or contest on the first designated practice day, he/she will be “benched” for at least the next two (2) regularly scheduled contests.
  2. If a student athlete does not attend a practice or contest on the first and second designated practice days, he/she will be “benched” for at least the next four (4) regularly scheduled contests.
  3. If a student athlete attends a practice or contest on the first designated practice day and does not attend a practice or contest on any subsequent designated practice days during the school vacation period, he/she will be “benched” for at least a ***minimum*** of one contest (next regularly scheduled contest) for each day missed

\*any discipline of an athlete exceeding the minimum consequence shall be determined by the Director of Athletics in consultation with the coach, administration and counselors.

Effective July 1, 2016