

Mental health support for children and teens

Trauma-related conditions



Traumatic events such as loss of a loved one, medical trauma, violence and abuse can impact the mental health and emotional well-being of children and teens. The Center for Traumatic Stress, Resilience and Recovery (CTSRR) can help by providing treatment and care for children and teens impacted by trauma.

What is CTSRR?

We provide evidence-based resilience, clinical, and educational services to support team members and their family members impacted by trauma.

How we support children and teens impacted by trauma

Our expert clinicians provide care and services for **children 5 and up**, including assessment and treatment of trauma-related conditions and symptoms including: Post-Traumatic Stress Disorder (PTSD), anxiety, depression, irritability, trouble sleeping and negative beliefs about oneself and others.

Our services include:

- Individual therapy for children and teens
- Parent support

We offer both **virtual (telehealth)** and **in-person** treatment available at Zucker Hillside Hospital, Kaufman building, 75-59 263rd St., Glen Oaks, NY 11004.

Waived co-pays

Team members with children enrolled in our Value, Buy-up or High Deductible Health Plan will have their co-pays waived.

Contact us to learn more

Phone (833) 327-1001

Email: CTSRR@northwell.edu



Scan to visit the
CTSRR section on
Northwell Connect