

# December 2024 & January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20 Practices/Games end by 5:00pm Last Day of Classes	21 No Practice/Games
22	23 No Practice/Games	24 No Practice/Games	25 No Practice/Games	26 No Practice/Games	27 Practices/Games start 3:00pm or later 1 <sup>st</sup> designated practice	28 Practice/Games 2 <sup>nd</sup> designated practice day
29	30 Practice/Games	31 No Practice/Games	January (1) No Practice/Games	(2) Practice/Games	(3) Practice/Games	(4) Practice/Games
(5)	(6) Classes Resume	(7)	(8)	(9)	(10)	(11)

On all dates labeled "No Practice/Games" or on days with an early end or late start time, every effort will be made not to schedule a contest. If the athletic office must schedule a contest on a No Practice/Game day, student-athletes will not be penalized for being absent.

# April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11 <b>Last Day of Classes</b> Practice/Game	12 Passover begins at sundown  Practices end by 1:00pm 1 <sup>st</sup> designated practice day
13 No Practice/Game	14 Practice/Game 2nd designated practice day	15 Practice/Game	16 Practice/Game End by 12:00pm	17 No Practice/Game	18 No Practice Games	19 No Practice/Games
20 No Practice/Game	21 Start practices 3:00pm or later	22 Classes Resume	23	24	25	26
27	28	29	30			

On all dates labeled “No Practice/Games” or on days with an early end or late start time, every effort will be made not to schedule a contest. If the athletic office must schedule a contest on a No Practice/Game day, student-athletes will not be penalized for being absent.



## **Varsity Athletic Vacation Policy**

The Roslyn Public Schools interscholastic athletics is an extension of the classroom where meaningful lessons take place every day. Commitment, teamwork and striving for excellence are integral parts of that learning process. At the same time, there is an acknowledgment that a balance must be struck between the responsibility to the varsity team and family vacation time that is precious to the community.

The Roslyn administration will give a minimum of three family vacation days during the December, February and spring vacation period where no practices and/or games will take place. Student athletes must be present for all practices or games effective immediately after the family vacation period ends. Failure to do so will result in strict consequences (see Regulation).

**Regulation APPLIES TO VARSITY ATHLETES ONLY:**

### **Varsity Athlete Vacation Regulation (effective July 1, 2016)**

The district will annually designate mandatory practice dates during each school vacation period ("designated practice days"). "School vacation period" is the time when school is not in session, i.e. December, February and spring break periods. The district will endeavor to schedule early practice on the day immediately prior to the start of a school vacation period and late practice on the first designated practice day during the school vacation period (also referred to in Board Policy No. 5285 as "family vacation period".)

In the event that a student athlete fails to attend practice on a designated practice day, it will be considered an unauthorized absence.

Student athletes that do not attend a practice or contest on the designated practice days due to unauthorized absences will not be removed from a team; however, the following minimum\* consequences will apply:

1. If a student athlete does not attend a practice or contest on the first designated practice day, he/she will be "benched" for at least two (2) regularly scheduled contests at the coach's discretion.
2. If a student athlete does not attend a practice or contest on the first and second designated practice days, he/she will be "benched" for at least four (4) regularly scheduled contests at the coach's discretion.
3. If a student athlete attends a practice or contest on the first designated practice day and does not attend a practice or contest on any subsequent designated practice days during the school vacation period, he/she will be "benched" for at least a minimum of one contest (next regularly scheduled contest) for each day missed at the coach's discretion.

\*any discipline of an athlete exceeding the minimum consequence shall be determined by the Director of Athletics in consultation with the coach, administration and counselors. Athletes cannot "sit games" in anticipation of an absence later in the season.

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### **Varsity Attendance Outside of the Vacation Period**

Attendance for varsity athletes outside of the vacation periods are the same as the JV policy.

### **Junior Varsity Attendance for Athletes**

Junior varsity athletes will follow the same penalty for missing practices/games during a vacation period that is consistent with the regular season, except the athlete will be benched at the coach's discretion. Please read below for JV athletes during the season and during a vacation period.

Students who miss practices or games due to illegal absences will not be removed from teams. However, the following minimum consequences will apply to all illegal absences, during regular practice time:

- (1) For every single contest missed, the athlete will be "benched" for 1 contest at the coach's discretion.
- (2) For every two practices missed, the athlete will be "benched" for 1 contest at the coach's discretion .

The consequences for missed practices or contests will be the same for all athletes on any sport at any level (except for varsity athletes during a vacation period). After the consequences are served, the return of individual athletes to regular playing time or "starting time" will be left to the discretion of the individual coach.