

Questions for seminar on Shame and Honor

1. Aside from “honor roll, and “honor society,” does the word honor have any real meaning in modern American society?
2. Do you ever think about your actions as bringing honor or shame to your family?
3. If you see a gravestone that has written on it “Here lies an honorable man,” what would that mean to you?
4. How might a sense of honor positively contribute to a culture?
5. Is honor something given to you – honor society, the Medal of Honor – or is it something you possess?
6. Which do you think is acquired, shame or shamelessness? Or both?
7. Does shame always involve the person feeling ashamed **and others**? In other words, is shame related to accountability to others? Can you simply be ashamed of yourself?
8. Is shame an effective way to regulate behavior? Is it a good way to regulate behavior?
9. Is shame more destructive than positive?