

## **East Hills School Health Services**

### **Overview**

Welcome to East Hills! As a School Nurse, I am committed to providing your child with the highest level of care possible, and value a proactive approach to overall student wellness. Our goal is to assist and care for all students with any health related issues so that they may and get the most from their educational experience. To that end, the school-parent partnership is vital. Please be sure to communicate any important information regarding your child's medical conditions, and or medication(s) directly to me.

### **Medication in School**

In order for a school nurse to administer medication, NYS law requires that each student have a patient-specific order from a licensed prescriber and written parent/guardian permission. This is for all prescription and over the counter medication including epipens, Benadryl, albuterol inhalers, Tylenol, ibuprofen, and topical ointments such as Calamine lotion, Vaseline, etc. All medications (prescription and over the counter) must be brought in by a parent in the original container. Please do not send in any medications in your child's backpack.

The school medication consent may be found on this webpage.

### **School Absence/Illness**

In the event your child is absent from school, you must notify the Main Office, or the Health Office if it is a health-related absence.

Our goal is to ensure the health and well-being of the entire school community. Please keep your child home if he/she is exhibiting the following symptoms:

- Fever of 100.0 degrees or greater within the last 24 hours. Students must be fever free for 24 hours prior to returning to school, without the use of fever reducing medication.
- Child is too sleepy or ill to benefit from sitting in class throughout the school day
- Conjunctivitis (pink eye) with eye drainage – students must complete a 24 hour course of treatment prior to returning to school
- Strep throat – students must complete a 24 hour course of treatment prior to returning to school
- Active vomiting or diarrhea

- Significant cough that causes the child discomfort
- Persistent, prolonged sore throat, accompanied by fever and/or feeling ill
- Large amounts of discolored nasal discharge, especially if accompanied by facial pain and/or headache
- Honey-crusted sores around the nose/mouth, or an unknown rash to any area of the body

### **Vision and Hearing Screenings**

According to NYS law, all third and fifth grade students should be screened for vision and hearing. Fifth grade females also must be screened for scoliosis, unless a medical professional has screened them already and documented it on their most recent school physical form.

If you feel that your child may need a vision or hearing screening, regardless of grade or time of year, please contact the Health Office and we will gladly schedule a school screening.

Thank you for entrusting us with your child(ren). All of us at East Hills are looking forward to a happy, healthy school year!

Sincerely,  
Sharon Fogel, RN  
School Nurse  
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