

HH PFA Meeting – December 12, 2017 – 10:00AM

KEEPING OUR  
KIDS HEALTHY,  
HAPPY AND  
SAFE... SO THEY  
CAN LEARN AS  
MUCH AS THEY  
CAN!

RE-THINKING SAFETY, DISCIPLINE, CHARACTER EDUCATION AND MENTAL HEALTH  
TOPICS INCLUDE: BULLYING, KINDNESS, GROWTH MINDSET AND MINDFULNESS

JESSICA KEMLER AND MARY WOOD

# DISCIPLINE

What is a “Bully”?

Why do students make poor choices?

What do we do when a student makes a poor choice?

How do we help students make their first reaction a better reaction?



# HOW DO WE ADDRESS STUDENT BEHAVIOR?



- In response to highly publicized violent incidents in schools, such as the Columbine High School massacre, school disciplinary policies have become increasingly severe. These policies have been implemented at the school, district, and state levels with the goal of ensuring the safety of students and staff. Many of these policies have one component in common: zero tolerance. While it is clear that protecting the safety of students and staff is one of school leaders' most important responsibilities, it is not clear that zero tolerance policies are succeeding in improving school safety. In fact, some evidence based on nonexperimental studies suggests that these policies actually may have an adverse effect on student academic and behavioral outcomes.
- Child Trends developed this brief to explore these issues. The brief does this in two ways: it reviews existing research on the implementation and effects of zero tolerance in the school setting; and it highlights rigorously evaluated, nonpunitive alternatives to zero tolerance that have shown greater promise in improving school safety and student outcomes. Nonpunitive programs that take a largely preventive approach to school discipline have been found to keep students and schools safe by reducing the need for harsh discipline. These programs take many forms, such as targeted behavioral supports for students who are at-risk for violent behavior, character education programs, or positive behavioral interventions and supports that are instituted schoolwide.

# THE NOTIFICATION PROCESS

In order to address a problem, we need to know about it...

- In-School Reporting
  - Bus Conduct Report
  - Lunch/Recess Conduct Report
  - Student Reporting
  - Teacher Reporting
- Out-of-School Reporting
  - Parent Phone Call / E-Mail

# CODE OF CONDUCT

- Available online
- Outlines appropriate and expected behaviors
- Outlines how the school/district will address behavioral issues
- “Progressive Discipline”
  
- Our goal: To ensure the health and safety of all students while teaching them the skills and strategies they need to navigate difficult situations and deal with their own feelings, as well as the feelings of others

# CHARACTER EDUCATION

## 2016-2017

- Promise Pledge
- Bucket Filling
- Second Step Program in Library
- Partnerships and Cooperative Groups
- Book of the Month
  - Every month a new book w/ letter
- Peaceful Bus
- Making Good Choices Assembly
- Student Council
- Philanthropy
- New: Growth Mindset



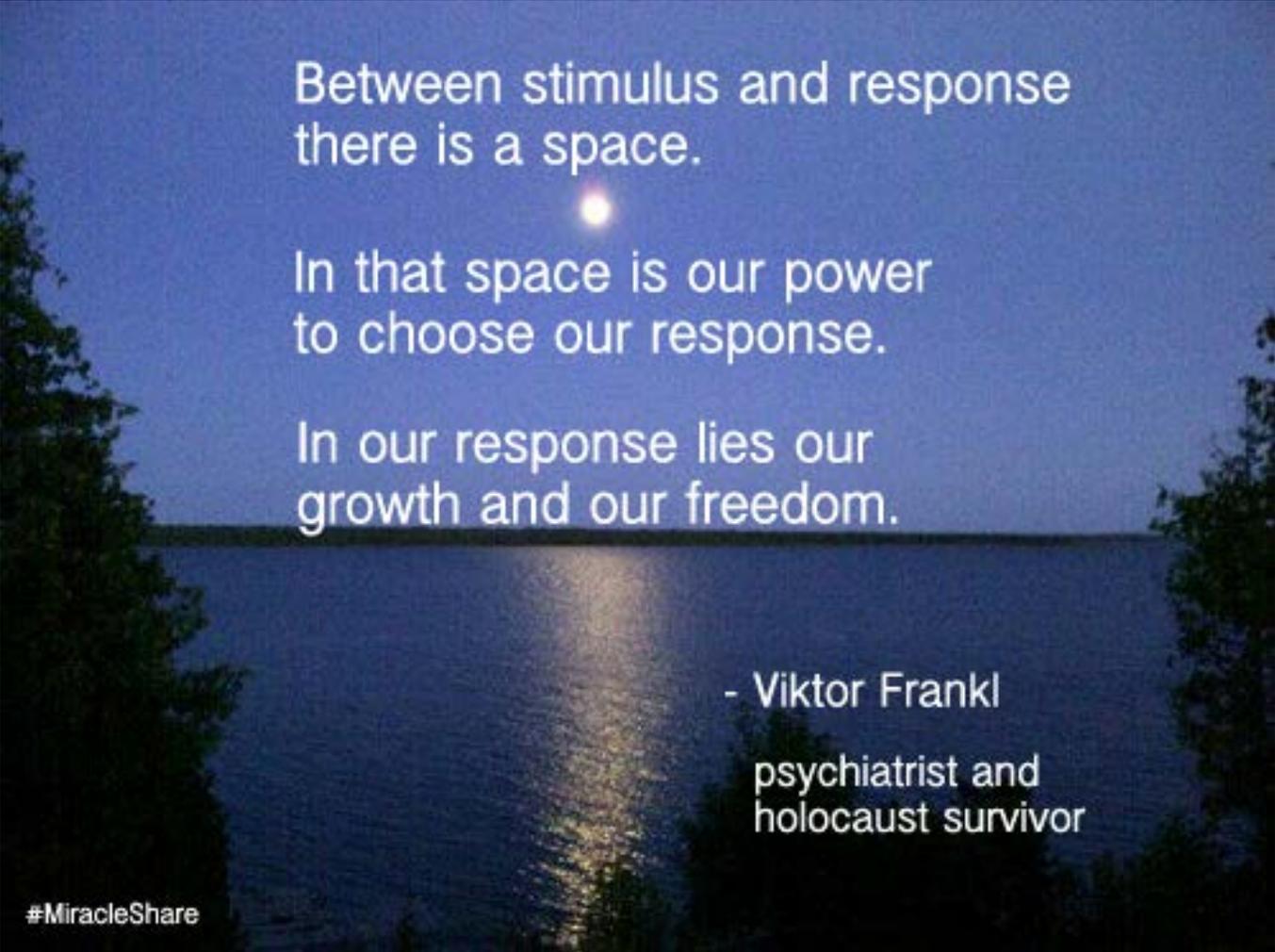
## 2017-2018

- All of 2016-2017 +
- No Place for Hate
  - Pledge
  - Activities
  - Videos/Posters
- Don't Laugh at Me Curriculum
- Mindfulness
  - Cory Muscara
  - Mindfulness Room
  - Coping skills/strategies
    - Take 5

# HABITS OF MIND — THE GOAL IS FOR CHILDREN TO USE THE STANCES IN COORDINATION AS PART OF A TOOLKIT WHEN FACED WITH CHALLENGES.

- **Empathy:** Ability to feel how another person is feeling and imagine what it would be like to be in another's position. "You have empathy when you feel someone's feeling in your own heart."
- **Optimism:** Feeling hopeful that risks are worth taking and that problems will work out. When you do something new, you think, "**I can try,**" and give it your best shot because that's how you grow.
- **Flexibility:** Seeing and trying many possible actions within a task. "When one thing doesn't work you try a different way." The ability to see a problem from different perspectives.
- **Persistence:** Sticking with something even when it is challenging. "Having persistence means you try and try again even when it feels hard."
- **Resilience:** Ability to bounce back and recover from setbacks or failure. "When you have trouble, you bounce back and try again."

# MINDFULNESS



Between stimulus and response  
there is a space.

In that space is our power  
to choose our response.

In our response lies our  
growth and our freedom.

- Viktor Frankl

psychiatrist and  
holocaust survivor

#MiracleShare